

Undesired Hair Need Powerful Hair Removal Methods

Markets are flooded with all kinds of Hair Removal Methods and Products. What to choose and what not to is not short of a dilemma. Here is a comprehensive guide to help you make your decision.

The old fashioned ways

Most important of these is waxing. Waxing has different kinds, hot wax, brazilin wax and even cold wax. Waxing helps in temporary hair removal. Hair re-appears after 4-6 weeks. The main drawback is the pain one has to endure. Also it is quite messy particularly if you are doing it by yourself and getting it done by salons costs quite a lot.

Shaving and hair removing creams are also widely available. Their main side effect is the increased re-growth of hair and also change of texture of hair to coarser one. Shaving is subjected to cuts and nicks while there is a risk of skin irritation with the use of hair removal creams. Also, re-growth is visible after 4-6 days.

Electric skin epilators are another way. They are not messy like waxing and re-growth appears after 4-6 weeks. It is cost effective, can be used in homes. The problem, every one's skin does not respond well and often people complain of redness and formation of blister like growth.

The Latest Methods

Electrolysis is comparatively newer but the latest is Laser Hair Removal. Laser hair removal has become famous because of its efficiency, speed, accuracy and high success rates.

It can be described as a procedure directed to remove hair and slow down its re-growth. A laser is a beam of light of a specific frequency and wave length comprising of a single color. It destroys only the dark pigment called melanin and does not harm the surrounding area.

Laser can be used to remove hair from and desired area and is equally useful for small and large areas as well. Studies indicate that a series of treatments after every 4-6 weeks helps to retard the growth of hair and permanently remove hair.

Although everyone is not a good candidate for undergoing laser hair removal, yet a large number of patients respond quite well. A typical good candidate for Laser Hair Removal information has light skin tone and dark hair color. The coarser the hair, the better it responds.

A trained and qualified doctor with all the right information on hair removal and skills also plays an important role and so does the kind of equipment used and the facilities provided at the hospital. Mild irritation, stinging sensation and redness is possible and in most cases is temporary.

One thing is for certain. Permanent hair removal can only be promised after multiple laser hair removal sessions. Other methods of removing un-wanted hair are not as effective. Efficiency and cost effectiveness are what in the end make your decision. Be careful, it's you we are talking about.

About the Author

If you have any questions that need to be answered or you need detailed [information on hair removal](#), we are here at [Hair Removal information Website](#).

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